




APRIL 2012

Riverhead Senior Center

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 SWEDISH MEAT BALLS BOW TIE PASTA VEGGIE	3 BAKED HAM STEAK BAKED POTATO VEGGIE	4 BAKED LASAGNA ROLLS W/ SAUCE ITALIAN VEGETABLE	5 ROAST TURKEY MASHED POTATO STUFFING VEGGIE	6 <u>CENTER CLOSED</u> <u>GOOD FRIDAY</u>
9 GRILLED ORANGE- MANDARIN CHICKEN WILD RICE VEGGIE	10 BEEF STEAK PARMESAN PASTA VEGGIE	11 BAKED PORK CHOPS RED POTATO APPLESAUCE VEGGIE	12 STUFFED PEPPERS W/ MEATSAUCE SPANISH RICE VEGGIE	13 KRABBY CAKE BAKED MAC & CHEESE VEGGIE
16 CHICKEN CORDON BLEU W/ SAUCE RICE PILAF VEGGIE	17 CHEESEBURGER DELUXE VEGGIE VEGGIE	18 ITALIAN TURKEY SAUSAGE W/ PEPPERS WHITE RICE VEGGIE	19 OPEN FACE ROAST BEEF W/ GRAVY MASHED POTATO	20 POTATO CRUSTED COD ROAST POTATO VEGGIE
23 BBQ MEATLOAF MASHED POTATO VEGGIE	24 PORK LOIN RED POTATO VEGGIE	25 MEDITERRANEAN SWEET & SOUR CHICKEN WILD RICE VEGGIE	26 LONDON BROIL W/ MUSHROOM BAKED SWEET POTATO WEDGE	27 BAKED FISH ON A BUN OVEN FRIES VEGGIE
30 BEEF W/ BROCCOLI GARDEN BLEND RICE VEGGIE				

SORRY!!!.... MENU IS SUBJECT TO CHANGE WITHOUT NOTICE !!

722-4444 EXT. 290